

JKA England Four Nations 2015, Saturday 31st October 2015
Categories and Rules of Entry

CLOSING DATE FOR ENTRIES FRIDAY 16TH OCTOBER 2015

9th – 4th kyu grades (ORANGE to PURPLE/WHITE BELT)

3 rd kyu	Brown belt
2 nd kyu	Brown / White belt
1 st kyu	Brown / 2 Whites belt

1. Children's kata (6-9 yrs) orange/red/yellow (9th-7th kyu)
2. Children's kata (10-12 yrs) orange/red/yellow (9th-7th kyu)
3. Children's kata (13-15 yrs) orange/red/yellow (9th-7th kyu)
4. Children's kata (6-9 yrs) green/purple/purple-white (6th-4th kyu)
5. Children's kata (10-12 yrs) green/purple/purple-white (6th-4th kyu)
6. Children's kata (13-15 yrs) green/purple/purple-white (6th-4th kyu)
7. Male kata (16+ yrs) orange/red/yellow (9th-7th kyu)
8. Male kata (16+ yrs) green/purple/purple-white (6th-4th kyu)
9. Female kata (16+ yrs) orange/red/yellow (9th-7th kyu)
10. Female kata (16+ yrs) green/purple/purple-white (6th-4th kyu)

11. Boys sanbon kumite (6-9 yrs) orange/red/yellow (9th-7th kyu)
12. Boys sanbon kumite (10-12 yrs) orange/red/yellow (9th-7th kyu)
13. Boys sanbon kumite (13-15 yrs) orange/red/yellow (9th-7th kyu)
14. Boys kihon ippon kumite (6-9 yrs) green/purple/purple-white (6th-4th kyu)
15. Boys kihon ippon kumite (10-12 yrs) green/purple/purple-white (6th-4th kyu)
16. Boys kihon ippon kumite (13-15 yrs) green/purple/purple-white (6th-4th kyu)
17. Girls sanbon kumite (6-9 yrs) orange/red/yellow (9th-7th kyu)
18. Girls sanbon kumite (10-12 yrs) orange/red/yellow (9th-7th kyu)
19. Girls sanbon kumite (13-15 yrs) orange/red/yellow (9th-7th kyu)
20. Girls kihon ippon kumite (6-9 yrs) green/purple/purple-white (6th-4th kyu)
21. Girls kihon ippon kumite (10-12 yrs) green/purple/purple-white (6th-4th kyu)
22. Girls kihon ippon kumite (13-15 yrs) green/purple/purple-white (6th-4th kyu)

23. Male sanbon kumite (16-18yrs) orange/red/yellow (9th-7th kyu)
24. Male sanbon kumite (19+yrs) orange/red/yellow (9th-7th kyu)
25. Male kihon ippon kumite (16-18yrs) green/purple/purple-white (6th-4th kyu)
26. Male kihon ippon kumite (19+yrs) green/purple/purple-white (6th-4th kyu)
27. Female sanbon kumite (16-18yrs) orange/red/yellow (9th-7th kyu)
28. Female sanbon kumite (19+yrs) orange/red/yellow (9th-7th kyu)
29. Female kihon ippon kumite (16-18yrs) green/purple/purple-white (6th-4th kyu)
30. Female kihon ippon kumite (19+yrs) green/purple/purple-white (6th-4th kyu)

Please note:

1. The **age and / or grade** of a competitor must be as of the closing date for entries – Friday 16th October 2015 and **not** the date of the championships. **PLEASE CHECK THESE DETAILS BEFORE ENTERING YOUR STUDENT.**
2. If there are not enough entries in any category, the competitors will be moved to the next appropriate category.
3. Late entries may not be randomized and could all be placed at the end of the category grouping.
4. There are no Team events in this championship.
5. All referees are requested to assist with this championship rather than coach or compete.

Rules of Kata

- **Kata 9th-7th kyu** - Heian Shodan to final 4 - Judging via flag system
- **Kata 6th-4th kyu** – Heian Shodan, Heian Nidan, Heian Sandan to final 4 - Judging via flag system
- **Final** - Any Heian Kata or Tekkie Shodan – Judging via points system

Rules of Kumite

- Sanbon kumite = jodan, chudan,
- Kihon ippon kumite = jodan, chudan, mae geri

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3 rd kyu	Brown belt
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3rd kyu grades and above (BROWN AND BLACK BELT)

31. Boys individual kata 7-9 yrs
32. Boys individual kata 10-12 yrs
33. Boys individual kata 13-15 yrs
34. Girls individual kata 7-9 yrs
35. Girls individual kata 10-12 yrs
36. Girls individual kata 13-15 yrs
37. Male individual kata 16-20 yrs
38. Male individual kata 21-44 years
39. Female individual kata 16-39 yrs

40. Boys individual jyu ippon kumite 7-9 yrs
41. Boys individual kumite 10-12 yrs
42. Boys individual kumite 13-15 yrs
43. Girls individual jyu ippon kumite 7-9 yrs
44. Girls individual kumite 10-12 yrs
45. Girls individual kumite 13-15 yrs
46. Male Cadet individual kumite 16-18 yrs

47. Division **B** Male individual kumite 19-20 yrs (Brown, Shodan and Nidan) **AND** 21+ yrs (Brown and Shodan)
48. Division **A** Male individual kumite 21+ yrs (Nidan and above) **AND** Tech. committee recommendations
49. Male senior individual kumite 45+ yrs
50. Male senior individual Kata. 45+ yrs

51. Female Cadet individual kumite 16-18 yrs
52. Female senior individual kumite 19-39+ yrs
53. Female senior individual Kata. 40+ yrs
54. Female senior individual Kumite. 40+ yrs

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Rules of Kata

- **Ages 7-15** up to best 4 will be **Heian 1 to 5 and Tekki shodan** - Judging via flag system
- For the final, kata will be from *Shotokan 15*, these are: Heian 1-5 and Bassai Dai, Kanku Dai, Jion, Enpi, Hangetsu, Tekki 1, 2, 3, Gankaku and Jitte. – Judging via point system
- **Ages 16+** up to best 8 will be **Heian 2 to 5 and Tekki shodan** - Judging via flag system
- **For semi-finals** (best 8) will be from **Bassai dai, Kanku dai, Jion, Enpi** - Judging via point system
- **Finals** will consist of best 4 and **choice** of any *Shotokan 15* kata (must be different kata from the one performed in the semi-final) – Judging via points system

Rules of Kumite

- The wearing of gum shields and white fist protectors will be compulsory for all jiyuu kihon ippon kumite (jodan, chudan, mae geri) and jiyuu kumite (free sparring) events.
- **Ages 7-9 yrs**, jiyuu kihon ippon kumite throughout.
- **Ages 10-12 yrs**, jiyuu kihon ippon kumite to best 8, then jiyuu kumite (free sparring)
- **Ages 13-15 yrs**, jiyuu kumite (free sparring) throughout.
- Each contestant must have their own protection gear: mitts, teeth protection, chest protectors (for ladies) are compulsory. Groin protectors are recommended for men. Mitts should be approved JKA (white only).
- Any contestant who wears contact lenses should bring one's own spare lenses and contestants are required to re-attach the spare lenses within 2 minutes in case the lenses come out during the match.